

Level 2 – Advanced SPoRTS (Two-Day Course)

Standard Principles of Resuscitation & Trauma in Sport (SPoRTS)

Advanced training for healthcare professionals, incorporating resuscitation, structured assessment and more complex sports emergency scenarios.

Duration	Course fee
Two days	€550 per participant

About the course

SPoRTS Advanced is a two-day immediate-care course for healthcare professionals who may be responsible for managing injured or acutely unwell participants in the pitch-side or field-of-play environment. Building on the principles covered in the one-day course, the programme incorporates resuscitation, trauma and medical emergency management.

Course content

- Structured assessment of the injured or unwell player
- Recognition and management of medical emergencies in sport
- Resuscitation, practical BLS skills, AED use and team-based resuscitation
- Concussion and head injury
- Spinal assessment, stabilisation and immobilisation
- Musculoskeletal injuries
- Player handling and safe removal from the field of play
- Wound management and control of bleeding
- Communication and structured handover to ambulance and emergency services

Practical training

A major emphasis is placed on practical skills and realistic scenarios. Participants work as team members and team leaders, developing clinical decision-making, communication and coordinated management of sports emergencies.

Who should attend?

Healthcare professionals involved, or intending to become involved, in sports immediate care, including doctors, nurses, paramedics, physiotherapists and other appropriately qualified healthcare professionals.

Basic Life Support and certification

The two-day programme includes BLS training and assessment. Successful participants receive **two separate awards**:

- An official **American Heart Association (AHA) BLS Provider eCard**, valid for two years.
- A **SPoRTS Advanced – Two-Day Course certificate**.

Participants should have a working knowledge of Basic Life Support appropriate to their professional role.

Programme information

The course includes practical skills and realistic scenarios. The final teaching timetable and assessment arrangements will be confirmed with joining instructions.